

Teens Respond to Phoenix Substance Abuse Intervention Program



Care Coordinator Tanya Nicholas interacts with teens during a class in the Phoenix Program.

In October 2007, the OBICI Healthcare Foundation awarded a grant to the Western Tidewater Community Service Board to fund the Phoenix Program for at-risk teens. This 12-week program includes substance abuse education, conflict resolution, anger and stress management, self-esteem building, job interviewing skills, budgeting and achieving more independence.

Initial programming was offered in schools, but services quickly expanded to include housing developments, Boys & Girls Clubs, parks and recreation and the Western Tidewater Regional Jail.

The Community Service Board Child and Family Services coordinator Anita Morris noticed that findings in the Foundation-funded Community Health Assessment identified rampant substance abuse problems among area youth. Developing new problem-solving skills and life solutions was essential to changing the future of troubled area youth. "The curriculum helps children see that there are positive options as opposed to the negativity they often witness on a daily basis," says Morris.

Those involved have been impressed with the outcomes. "Results from pre- and post-tests demonstrate an increased knowledge of topics presented during the 12-week sessions," says Morris. The grant from OBICI Healthcare Foundation "was the catalyst for reinstating the Child and Family Services Department, which had remained dormant for 9 years due to a lack of funding."

"The curriculum helps children see that there are positive options as opposed to the negativity they often witness on a daily basis," says Morris.

“The Foundation represents a continuation of Mr. and Mrs. Obici’s legacy of caring – qualities that will be honored in the new office building.”
- Chairman George Birdsong,
OBICI Healthcare Foundation

New Meeting Space for the Nonprofit Community



OBICI Healthcare Foundation is pleased to announce that meeting space is now available for use by community nonprofit healthcare organizations. In an effort to partner with our non-profit community and provide much needed resources, we

will make both our smaller conference room (seats 8) and board-room (seats 18) available for meetings.

Groups are generally limited to one reservation per month and the scheduling of reservations should occur no earlier than three months in advance. Applications are taken on a first come, first served basis. Forms are available on our website at www.obicihcf.org and must be submitted electronically at least two weeks in advance of the first day needed.

There is no charge for the use of the rooms. Additional guidelines for use are also included on the website.

Save the Date! New Priorities Announced

On May 4, the OBICI Healthcare Foundation will host a Strategic Priorities Breakfast at the Suffolk Hilton Garden Inn to review new strategic priorities for health improvement and explain a new process for the RFP and call for concept papers.

The Planning Council will give a presentation on health indicators from the 2009 edition of "An Investment in Priorities," which will also be available to attendees.

Nonprofit organizations are invited to join us on May 4 from **8:30 a.m. to noon** at the Suffolk Hilton Garden Inn, 100 East Constance Road, Suffolk, VA. Space will be limited and registration is required. **If you are interested in attending, please RSVP to Lisa Kelch, lkelch@obicihcf.org with your name and contact information by April 23.**

New Training Location for Western Tidewater Not-For-Profits



Above, Scarlet Floyd from Cherry, Bekaert and Holland, L.L.P. taught a course in Norfolk last spring. Two training courses will be held at the new OBICI office in May and June.

VOLUNTEER Hampton Roads and the OBICI Healthcare Foundation are working together to increase the capacity of Western Tidewater human service agencies. A series of not-for-profit management training programs is being scheduled by VOLUNTEER Hampton Roads to specifically address Western Tidewater needs and preferences, as indicated in survey responses from regional nonprofits.

The two trainings will be held on **May 27 and June 17, 2010**, and will explore "Building Corporate Partnerships" and "Getting Your Board to Fundraise".

Mark your calendars! Trainings will be in the new home of the OBICI Healthcare Foundation at 106 W. Finney Avenue in downtown Suffolk. Look for more information soon. Time, tuition fees and trainers will be announced when invitations are mailed in April.

If you would like to receive an invitation, please contact Vanessa Evans at VOLUNTEER Hampton Roads at 624-2400 or vevans@volunteerhr.org.



Nonprofit Training Opportunities

For locations and times, visit our website www.obicihcf.org

April 14-15, 2010

Tidewater Community College (TCC)
Academy for Nonprofit Excellence
Standards & Accountability Part I

April 27, 2010

TCC Academy for Nonprofit Excellence
Board Retreats

May 20, 2010

VOLUNTEER Hampton Roads - 2010 Funders Forum

May 25, 2010

VOLUNTEER Hampton Roads - 990 Compliance
Overview

May 27, 2010*

VOLUNTEER Hampton Roads - Building Corporate
Partnerships

June 8, 2010

VOLUNTEER Hampton Roads - Quickbooks Tracking
and Reporting

June 15, 2010

VOLUNTEER Hampton Roads - Development
Planning

June 17, 2010*

VOLUNTEER Hampton Roads - Getting Your Board
to Fundraise

*** Training held at the OBICI Healthcare Foundation**



New "Green" Office Means Future Green for Community Health Grants

During construction of the new office, the OBICI Healthcare Foundation incorporated energy conservation and green features as ways to save money in the future.

Along with water reduction, ventless crawl space and energy efficient windows, doors and electrical features, the building also used recycled and regional materials to complete the money-saving construction. Because the project was located on a previously developed site, no farmland, wetland, protected habitat or public park was displaced.

Substantial energy reduction over time means more money to use in the community to fund and support new health improvement grants.



The OBICI Healthcare Foundation Office used energy efficient windows, doors and electrical features, plus recycled and regional materials, to complete the money-saving construction.